

# BOISE IDAHO CLINIC SCHEDULE



**goalrobber**  
HOCKEY SCHOOLS

**Saturday, April 16th**

**8:15 - 8:30 Check In**

- Receive jersey

**9:00 - 10:30 On ice**

- Edgework and Save Mechanics

**11:00 - 12:00 Seminar**

- Gear, Goaltending Fundamentals, & Technique

**12:00 - 1:30 Lunch (On your own)**

**1:30 - 2:30 Dryland**

- Pre-Skate Mobility & Activation
- Mindset Routine

**3:00 - 4:30 On ice**

- Technical Play and Situational Reads

**5:00 - 6:00 Seminar**

- Film Review, Mental Skills,
- How to Stay Connected/Resources

**6:00 - 6:30 Parent/Goalie Q&A and Recap**

"EXPECT  
GREAT  
THINGS"



**Idaho Ice World Rink  
7072 S Eisenman Rd  
Boise, ID 83716**