

CAMP SCHEDULE

Tuesday, June 28th:

1:00 - 1:30 Check In (GRob)

1:30 - 2:00 Intro Meeting

2:00 - 3:00 Pillar Prep/Seminar 1 (GRob)

3:00 - 4:00 Eye Warm up/Seminar 2 (Grob)

DINNER BREAK (On Your Own)

6:00 - 7:30 On-Ice Session 1 (VFW2)

- *Basic Saves & Recovery Reads*

7:45 - 8:15 Recovery (VFW2)

Wednesday, June 29th:

9:30 - 10:30 Pre-Skate Primer (Starion)

11:00 - 12:30 On-Ice Session 2 (Starion)

- *Edgework & Stickhandling*

LUNCH BREAK (On Your Own)

1:30 - 1:45 Pre-Skate Primer (VFW2)

2:15 - 3:45 On-Ice Session 3 (VFW)

- *Post-Play*

4:30 - 5:30 Vision/Seminar 3 (GRob)

5:30 - 6:30 VR/Seminar 4 (GRob)

DINNER BREAK (On Your Own)

Goalrobber Social (Goalrobber)



"EXPECT
GREAT
THINGS"

Thursday, June 30th:

9:30 - 10:30 Pre-Skate Primer (Starion)

11:00 - 12:30 On-Ice Session 2 (Starion)

- *Edgework & Stickhandling*

LUNCH BREAK (On Your Own)

1:30 - 2:30 Recovery/Seminar 5 (GRob)

3:15 - 4:45 On-Ice Session 5

- *Situational Reads & Traffic Management*



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