

BOISE IDAHO CAMP SCHEDULE



Friday, April 28th

3:30 - 3:45 Check In

- *Receive jersey*

4:00 - 5:00 Intro/Seminar 1

5:30 - 6:30 Pre Skate Vision & Mobility

7:00 - 8:30 On Ice 1

Saturday, April 29th

7:30 - 9:00 On Ice 2

9:30 - 10:00 Post-Skate Restoration

10:30 - 11:30 Seminar 2

11:30 - 12:30 Lunch

- *On your own*

1:00 - 2:30 On Ice 3

3:00 - 4:00 Post-Skate Restoration/Vision

4:30 - 5:30 Seminar/Film 3

5:30 - 6:00 Gear Talk (*Parents*)

Sunday, April 30th

8:00 - 9:30 On Ice 4

10:00 - 10:30 Post-Skate Restoration

10:45 - 11:15 Vision Training

11:30 - 12:30 Seminar 4 (*Parents*)

12:30 - 1:00 Q&A & Goodbyes

"EXPECT
GREAT
THINGS"



Idaho Ice World Rink
7072 S Eisenman Rd
Boise, ID 83716