

# ELITE CAMP SCHEDULE

## Tuesday, June 27th:

1:00 - 1:30 Check In (GRob)

1:30 - 2:00 Intro Meeting

2:00 - 3:00 Seminar 1 (GRob)

3:30 - 4:30 Off Ice (Grob)

*DINNER BREAK (On Your Own)*

6:00 - 8:00 On-Ice Session 1 (Wachter)

- *Basic Saves & Recovery Reads*

8:15 - 8:45 Active Recovery (Wachter)

## Wednesday, June 28th:

9:30 - 10:30 Morning Mobility (GRob)

11:00 - 12:00 Film & Vision (GRob)

*LUNCH BREAK (On Your Own)*

1:30 - 2:00 Pre-Skate Primer (Wachter)

2:30 - 4:00 On-Ice Session 3 (Wachter)

- *Edgework & Stickhandling*

*DINNER BREAK (On Your Own)*

6:00 - 7:30 On-Ice Session 3 (Wachter)

- *Post-Play*

Goalrobber Social (GRob)



# EXPECT GREAT THINGS

## Thursday, June 29th:

10:00 - 11:00 Vision & VR Ice (GRob)

11:30 - 12:30 Seminar & Film (GRob)

*LUNCH BREAK (On Your Own)*

1:30 - 2:30 Seminar & Pre Skate Primer

3:30 - 5:30 On-Ice Session 4 & 5

- *Edgework & Stickhandling*
- *Situational Reads & Traffic Management*

*Note: Feedback/Evals/Zoom to follow camp upon goaltender request*



**Goalrobber Hockey Schools**  
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