

WATFORD CITY, ND CAMP SCHEDULE

Friday, June 9th

12:30 - 1:00 Registration

1:00 - 1:30 Intro Meeting

(Parents Welcome)

2:00 - 3:30 On Ice (GRP 1)

2:00 - 3:15 Off Ice (GRP 2)

3:45 - 5:15 On Ice (GRP 2)

4:00 - 5:15 Off Ice (GRP 1)

5:30 - 6:30 Dinner Break (Not Provided)

6:30 - 7:15 Recovery (ALL)

7:15 - 8:00 All Goalies Seminar

(Parents Welcome)

Saturday, June 10th

9:00 - 10:30 On Ice (GRP 1)

9:00 - 10:15 Off Ice (GRP 2)

10:45 - 12:15 On Ice (GRP 2)

11:00 - 12:15 Off Ice (GRP 1)

12:30 - 2:00 Lunch (Not Provided)

2:00 - 3:30 On Ice (GRP 1)

2:00 - 3:15 Off Ice (GRP 2)

3:45 - 5:15 On Ice (GRP 2)

4:00 - 5:15 Off Ice (GRP 1)

5:30 - 6:30 Dinner Break (Not Provided)

6:30 - 7:15 Recovery (ALL)

7:15 - 8:00 All Goalies Seminar

(Parents Welcome)



"EXPECT
GREAT
THINGS"

Sunday, June 11th

9:00 - 10:30 On Ice (GRP 1)

9:00 - 10:15 Seminar (GRP 2)

10:45 - 12:15 On Ice (GRP 2)

11:00 - 12:15 Seminar (GRP 1)

12:30 End-of-Camp Meeting Q&A

(Parents Welcome)



Rough Rider Center
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